



Estevan Bruins Hockey Camp

August 14-18

Program Highlights

- 🏒 10 Hours of Ice time
- 🏒 Specialized Dryland Instructor
- 🏒 Off Ice Shooting Sessions
- 🏒 Off Ice Stickhandling Sessions
- 🏒 Team building sessions
- 🏒 Recreation time in the gymnasium and pool

Instructors

The Estevan Bruins staff and players will be conducting all on ice sessions. Our focus will be placed on skating, shooting, passing, and puck control.

Throughout the week we will have additional instructors that are coaching at the junior level or higher. Plus ,we will have the following professional players making a one-day appearance

Guest Instructors



Pachal signed a one-year contract extension with Vegas on July 28, 2022, the Estevan product recorded his first NHL point on December 15, 2022.



Estevan product Cole Fonstad is currently a member of the Cleveland Monsters of the AHL. Cole was a 5th round pick in the NHL draft in 2018



Zach Benson is currently playing for the Winnipeg Ice of the WHL. Benson is considered one of the top prospects in the upcoming NHL draft.

Additional Instructors will be announced after confirmation

Cost

- Ⓢ \$500 plus GST per participant
- Ⓢ Each participant will receive an Estevan Bruins practice jersey
- Ⓢ At the conclusion of the camp 1 participant from each group will be recognized for their team spirit and positive attitude and 1 participant will be recognized for their heart and hustle. Both players will receive Bruins gift card to purchase merchandise.
- Ⓢ Please note the participant numbers were extremely high last season as we did not want to turn anyone away after our Championship season.
- Ⓢ The maximum of number of players per group is 30 players and 4 goalies
- Ⓢ There will be a max of 6 players per station to ensure plenty of reps
- Ⓢ The Last session on Friday will be a full game with music, PA announcer, player intros and a chance to win the Bruins Cup.

Schedule

Group U-9		Group U-11		Group U-13	
Time	Activity	Time	Activity	Time	Activity
8:30 - 9:30	On ice	8:30 - 9:15 AM	Dryland Training	8:30 - 9:30 AM	S&S
10:00 - 10:45 AM	S&S	9:45 - 10:45 AM	On Ice Session	9:30 - 10:30 AM	Gymnasium
11:00 - 11:45 AM	Gymnasium	11:00 - 11:45	S&S	11:00 - 12:00 PM	On Ice Session
11:45 - 12:15 PM	Lunch	12:00 - 12:30 PM	Lunch	12:15 - 12:45	Lunch
12:45 - 1:45 PM	On Ice Session	12:45 - 1:30 PM	Gymnasium	1:00 - 1:45	Team Challenge
2:00 - 2:45 PM	Team Challenge	2:00 - 3:00 PM	On Ice Session	2:00 - 2:45 PM	Dryland Training
3:00 - 3:45 PM	Dryland Training	3:15 - 4:00 PM	Team challenge	3:15 - 4:15 PM	On Ice session
3:50	Pickup at Affinity	4:05	Pick up at Affinity	4:20	Pick up at Affinity

Group U-7		Group U-15	
Time	Activity	Time	Activity
7:15 - 8:15 AM	On Ice session	4:30 - 5:30 PM	On Ice session